General Information

Jets Girls Lacrosse competes as part of the Greater Birmingham Youth Lacrosse Association (GBYLA). As the only high school girls lacrosse team in North Alabama, girl in grades 8-12 from any school in the area, including homeschool, may join the team. No experience is required – all skill levels are welcome.

Jets Girls Lacrosse is loosely associated with James Clemens. GBYLA policy requires all teams to be affiliated with a high school. However, we are not an official James Clemens club. Lacrosse is not (yet) a sanctioned Alabama High School Athletic Association (AHSAA) sport.

Coaches

Marissa Henderson, Head Coach

Emily Pachinger, Assistant Coach

Board of Directors

Brian Griffin, President

John Roy, Vice President

Contact

GroupMe for Team Communications (e.g., schedules, updates, carpooling, etc.)

- Request to be added to team's GroupMe (ask a coach, board member, parent, player)

Email jetsgirlslacrosse@gmail.com for club/board information and questions

- E.g., registration, fees, fundraising, volunteering, etc.

Schedule

Remaining Fall Practice Schedule

Sundays, 3-5pm @James Clemens High School

- Additional practices and team-bonding events may be added

Check GroupMe for official practice schedule!

Spring Schedule

Season runs from January 1st to mid-May.

- Ice Breaker one-day pre-season tournament in Birmingham in late January
  - TBD if Jets will participate
- 12 regular season games from late January to mid-April
  - 6 Home
  - 6 Away (x1 Auburn, x5 Birmingham)
- Playoffs from late April to mid-May
  - Minimum of 1 playoff game

Tentative Practice Schedule
Mondays & Wednesdays, 5-7pm @James Clemens High School
Thursdays, 6-8pm @John Hunt Park (Loretta P. Spencer Complex)

Equipment

Required gear:

- Girl's stick
  - We have extra sticks if needed
- Goggles
  - Can wear a lacrosse helmet if preferred (Cascade LX or LXP)
- Mouthguard (cannot be clear or white)
- Cleats

Uniforms are provided.

Player and Parent Expectations

Code of Conduct

gbyla.org/policies/
GBYLA General Policy, Excerpt: Team Rules for Player Conduct (see attachment)
GBYLA Code of Conduct – Parents (see attachment)

Recruiting

Players and parents are our best recruiters. Please talk to your friends, neighbors, and coworkers. Share Jets Girls Lacrosse posts on Facebook and Instagram. #growthegame

Parent Volunteers for Gamedays

Parents are needed to support gamedays!

Roles:

- Sideline Manager (x1 per home/away game)
  - Ensure Jets parents and fans behave in accordance with code of conduct
- Field Setup & Breakdown Personnel (multiple per home game)
  - Setup goals, banners, scorer's table, etc. before games
  - Takedown after game
- Scorekeeper/Timekeeper & Scoreboard Operator (x2 or 3 per home game)
  - Operate game clock, penalty timer, flip scoreboard, and air horn
  - Operate electronic scoreboard (if available)
- Scorebook Keeper (x1 per home game)
  - Track statistics in scorebook

Fundraising

All players and parents are asked to participate in fundraising. See fundraising page.

Registration & Fees

See https://jetsgirlslacrosse.org/spring-season/ for registration steps

Required to register:

- USA Lacrosse Membership ($40)
    - Must be valid until at least May 2027
- School Proof of Enrollment
    - Must include (1) student's first and last name, (2) name of school, (3) current grade, (4) 2025-2026 school year
    - E.g., report card (download from PowerSchool), letter from school administrator, school ID
- **8th Graders Require Approval to Play -Up**
    - Email jetsgirlslacrosse@gmail.com before registering

Spring Fees: $600

- Payment due by December 31st
    - Pay by check or Venmo
    - Payment plans and financial assistance available
        - Contact a coach or board member discretely

Please register as soon as possible!!!

Estimated Budget for Spring Season

Expenses

GBYLA Fee	$3,200
Field Rentals	$4,800
Coaches (Pay, Mileage, Certification, etc.)	$6,200
Referees	$930
Trainers	$510
Misc. Equipment (Balls, Scorebooks, etc.)	$300
Senior Banners & Senor Gifts	$400
Team Banquet (Banquet Hall Rental, Food)	$1,000
Website (Hosting & Domain Registration)	$100
TOTAL	**$17,440**

Income

Spring Player Fees (Est. 17 players x $600 each)	$10,200
Sponsorships, Donations, & Fundraising	*TBD*
Total	**$10,200**

Net Shortfall **$7,240**

Fundraising

Donations

Friends and family may make monetary donations to Jets Girls Lacrosse Club. Donations are tax deductible.

FYI, starting in the 2026 tax year, taxpayers who do NOT itemize deductions can still claim a charitable duction of up to $1,000 for single filers and up to $2,000 for married couples filing jointly.

Local Sponsors

The club will seek sponsorships from local businesses such as dentists, orthodontists, optometrists, local restaurants, realtors, etc. For local businesses, the best way to solicit sponsorships is for the players to visit in-person, preferably wearing Jets Girls Lacrosse uniforms or gear. The players will be provided with flyers / sponsorship letters and a short script.

Help is need to identify local businesses, coordinate visits, handle follow-up emails, etc.

Corporate / National Sponsors

For national chains, most have community giving or charitable foundations that require applying online. Examples include Publix, Walmart, Buc-ee's, Academy Sports, Regions Banks, etc.

Help is need to identify national opportunities, determine eligibility, and fill out the applications.

Team T-Shirt / Sweatshirt Fundraiser

The club offers Jets Girls Lacrosse-branded apparel at a modest markup to generate additional funds for the program.

Future Potential Fundraising Opportunities

- Restaurant Spirit Nights
- Product Sales (Candles / Popcorn / Cookies / Mums / Boston Butts)