

General Information

Jets Girls Lacrosse competes as part of the Greater Birmingham Youth Lacrosse Association (GBYLA). As the only high school girls lacrosse team in North Alabama, any girl in grades 7-12 from any school in the area, including homeschool, may join the team. No experience is required – all skill levels are welcome.

Jets Girls Lacrosse is loosely associated with James Clemens. GBYLA policy requires all teams to be affiliated with a high school. However, we are not an official James Clemens club. Lacrosse is not (yet) a sanctioned Alabama High School Athletic Association (AHSAA) sport.

Coaches

Marissa Henderson, Head Coach

Emily Pachinger, Assistant Coach

Board of Directors

Brian Griffin, President

Michael Bowen, Vice President

Bryan Bennett, Treasurer

John Roy, Secretary

Contact

GroupMe for Team Communications (e.g., schedules, updates, carpooling, etc.)

- Request to be added to team's GroupMe (ask a coach, board member, parent, player)

Email jetsgirlslacrosse@gmail.com for club/board information and questions

- E.g., registration, fees, fundraising, volunteering, etc.

Schedule

Remaining Fall Practice Schedule

Check GroupMe for official practice schedule!

Dec 4, 11 (Thursdays), 6-8pm @John Hunt Park (Loretta P. Spencer Complex)

Dec 7, 14, 21 (Sundays), 2-4pm @James Clemens High School

For new players to participate in remainder of fall ball:

- USA Lacrosse membership required for insurance (\$35)
- Pay prorated fees for remainder of fall ball (\$50)
- Registration not required if registering for the spring season

Spring Schedule

Season runs from January 1st to mid-May.

- Ice Breaker one-day pre-season tournament in Birmingham in late January
 - TBD if Jets will participate
- 12 regular season games from late January to mid-April
 - 6 Home
 - 6 Away (x1 Auburn, x5 Birmingham)
- Playoffs from late April to mid-May
 - Minimum of 1 playoff game

Very Tentative Practice Schedule... check GroupMe!

Mondays, 6-8pm @John Hunt Park (Loretta P. Spencer Complex)

Tuesdays & Thursdays, 6-7:30pm @James Clemens High School

Equipment

Required gear:

- Girl's stick
 - We have extra sticks if needed
- Goggles
 - Can wear a lacrosse helmet if preferred (Cascade LX or LXP)
- Mouthguard (cannot be clear or white)
- Cleats

Uniforms are provided.

Player and Parent Expectations

Code of Conduct

gbyla.org/policies/

GBYLA General Policy, Excerpt: Team Rules for Player Conduct (see attachment)

GBYLA Code of Conduct – Parents (see attachment)

Parent Volunteers for Gamedays

Parents are needed to support gamedays!

Roles:

- Sideline Manager (x1 per home/away game)
 - Ensure Jets parents and fans behave in accordance with code of conduct
- Field Setup & Breakdown Personnel (multiple per home game)
 - Setup goals, banners, scorer's table, etc. before games
 - Takedown after game
- Scorekeeper/Timekeeper & Scoreboard Operator (x2 or 3 per home game)
 - Operate game clock, penalty timer, flip scoreboard, and air horn
 - Operate electronic scoreboard (if available)
- Scorebook Keeper (x1 per home game)
 - Track statistics in scorebook

Recruiting

Players and parents are our best recruiters. Please talk to your friends, neighbors, and coworkers. Share Jets Girls Lacrosse posts on Facebook and Instagram. #growthegame

Fundraising

All players and parents are expected to participate in fundraising. See fundraising page.

Registration & Fees

See <https://jetsgirlslacrosse.org/spring-season/> for registration steps

Required to register:

- USA Lacrosse Membership (\$35)
 - Must be valid until at least May 2026
- School Proof of Enrollment
 - Must include (1) student's first and last name, (2) name of school, (3) current grade, (4) 2025-2026 school year
 - E.g., report card (download from PowerSchool), letter from school administrator, school ID
- **7th & 8th Graders Require Approval to Play -Up**
 - Email jetsgirlslacrosse@gmail.com before registering

Fees: \$450

- Payment due by December 31st
 - Pay by check or Venmo
 - Payment plans and financial assistance available
 - Contact a coach or board member discretely

Please register as soon as possible!!!

Estimated Budget for Spring Season

Expenses

GBYLA Fee	\$3,250
Fields	\$5,500
Coaches (Pay, Mileage, Certification, etc.)	\$4,000
Referees	\$930
Trainers	\$510
Misc. Equipment (Balls, Scorebooks, Air Horns, etc.)	\$500
Senior Banners	\$415
Team Banquet (Banquet Hall Rental, Food, Senior Gifts)	\$1,000
TOTAL	\$16,105

Income

Spring Player Fees (Est. 22 players x \$450 each)	\$9,900
Fundraising	\$0
Total	\$9,900

Net Shortfall

\$6,205

Fundraising

Donations

Friends and family may make monetary donations to Jets Girls Lacrosse Club. Donations are tax deductible.

FYI, starting in the 2026 tax year, taxpayers who do NOT itemize deductions can still claim a charitable deduction of up to \$1,000 for single filers and up to \$2,000 for married couples filing jointly.

Local Sponsors

The club will seek sponsorships from local businesses such as dentists, orthodontists, optometrists, local restaurants, realtors, etc. For local businesses, the best way to solicit sponsorships is for the players to visit in-person, preferably wearing Jets Girls Lacrosse uniforms or gear. The players will be provided with flyers / sponsorship letters and a short script.

Help is need to identify local businesses, coordinate visits, handle follow-up emails, etc.

Corporate / National Sponsors

For national chains, most have community giving or charitable foundations that require applying online. Examples include Publix, Walmart, Buc-ee's, Academy Sports, Regions Banks, etc.

Help is need to identify national opportunities, determine eligibility, and fill out the applications.

Future Potential Fundraising Opportunities

- Sell Stuff (Candles / Popcorn / Cookies / Mums / Boston Butts / Discount Books)
- Restaurant Spirit Night
- Work Concessions at Havoc / HSV City / Trash Pandas